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I CLAIM:

-1-

A dried consumable composition which comprises in admixture:

(a) a juice from an edible berry with acids and sugars removed; and

(b) a food grade carrier which is a berry pulp.

-2-

A dried consumable composition which comprises in admixture:

(a) a juice from an edible berry with acids and sugars removed; and

(b) a food grade carrier which is a berry pulp wherein the weight ratio of (a) to (b) is between about 0.1 to 100 and 100 to 0.1.

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The composition of any one of Claims 1 or 2 wherein the berry is selected from the group consisting of cranberries, raspberries, strawberries, blueberries, blackberries, elderberries, red grapes, gooseberries, Barbados cherries (acerola cherry) and choke cherries.

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The composition of Claims 1 or 2 wherein the berry is a cherry.